



What is Elder Abuse?

Elder abuse is any action or inaction that threatens the health or wellbeing of an older adult.

Older adults have the right to live safely, to be treated with respect, and to manage their own affairs. **When someone violates those rights and causes harm, that's abuse.** Often the person causing the harm is someone in a position of trust, like a family member, friend, or caregiver.

Types of Abuse

FINANCIAL ABUSE - If somebody tricks, threatens, or persuades older adults out of their money, property, or possessions. Misusing a power of attorney is a common form of financial abuse.

EMOTIONAL ABUSE - If somebody threatens, insults, intimidates, or humiliates an older adult, treats the person like a child, or does not allow them to see their family or friends.

PHYSICAL ABUSE - If somebody hits an older adult or handles the person roughly, even if there is no injury.

SEXUAL ABUSE - If somebody forces an older adult to engage in sexual activity. This may include verbal or suggestive behaviour, not respecting personal privacy, sexual touching, or sex without the person's consent.

RELIGIOUS ABUSE - If somebody uses religion, faith, or spiritual beliefs to control, manipulate, exploit, or harm person.

NEGLECT - If somebody fails to provide the necessities of life, such as food, clothing, a safe shelter, medical attention, personal care and necessary supervision. Neglect may be intentional or unintentional.

Get Help

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FOR EMERGENCIES, CALL 911

LOCAL POLICE - Call your local police or RCMP if the situation is not an emergency, but you suspect it might be against the law. Ask to speak to someone who has been trained in senior abuse, or domestic/family violence.

Winnipeg Police

Non-Emergency Line: 204-986-6222

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SENIORS' ABUSE SUPPORT LINE - Call the Seniors' Abuse Support Line and speak to one of our trained and caring counsellors. All calls are free & confidential. Calls placed outside of working hours will be returned the next business day.

Toll-free: 1-888-896-7183

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A & O: SUPPORT SERVICES FOR OLDER ADULTS

- Confidential consultation, assessment and counselling services are provided to seniors who are victims of abuse.

Toll free: 1-888-333-3121

Phone: 204-956-6440

Website: www.aosupportservices.ca

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PROTECTION FOR PERSONS IN CARE OFFICE (PPCO)

- Responsible for receiving and investigating reports of alleged abuse or neglect while receiving care in personal care homes, hospitals or any other designated health facility.

Outside Winnipeg: 1-866-440-6366

In Winnipeg: 204-788-6366

Website: www.gov.mb.ca/health/protection

