



eNEWS

February 2016



Welcome

We hope you find this an easy and informative way to stay connected to events, ideas and initiatives that interest you. And if you have something you'd like to share - we'd love to hear from you.



Caregiver Recognition Day - Caring Together

Tuesday, April 5, 2016 - Canada Inn Polo Park

Hear perspectives from a health care professional and a family caregiver on their experiences and how they learned to work together to develop a *Care Team*. Watch for more information including how to register.



Please join the Centre on Aging for their final Research Seminar this term.

International guest speaker, Dr. Barbara Klein, Professor for Organisation and Management in Social Work, Faculty of Social Work and Health, Frankfurt University of Applied Sciences, will be presenting on

Wednesday, March 9, 2016

Using new technologies to increase well-being and quality of life of older adults

12:00–1:00 PM

210 Helen Glass Centre | Fort Garry Campus

As societies age overall, there will be a significant increase of those aged 80 and over, as well as an increase in people with dementia. Opportunities for sensory stimulation and engagement in pleasurable activities are reduced. We know that loneliness increases with old age and those living with dementia are particularly at risk of social isolation. The question is which technologies can be used to extend the range of available interventions that can enhance well-being under these circumstances. Emotional robots have been developed for activity and therapeutic purposes.

The Revera and Reel Youth Age is More Film Project

**AGE IS
MORE**

The Revera and Reel Youth Age is More Film Project is an intergenerational partnership between Revera and Reel Youth. In celebration of Manitoba Seniors' Month 2015, 10 short films, celebrating the lives of older adults have been released. These films were produced by Winnipeg area youth, who spent two weekends getting to know the older adults and creating films about how they are living life to the fullest.

Visit the [WEAAD Manitoba website](#) for more information about this project and the 10 inspiring films.



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